

À LA GYM - FRENCH DICTATION

LESSON OBJECTIVES

- To help you improve your listening skills.
 - To help you improve your writing skills.
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DICTATION

À la gym

Jean va à la gym deux fois par semaine. Il adore aller à la gym car il aime faire de l'exercice afin de garder la forme. Il y va le lundi matin et le jeudi soir. Il fait du vélo, de la course à pied et de la musculation. Il préfère le vélo car il trouve ça moins ennuyeux.

Jean goes to the gym twice a week. He loves going to the gym because he likes exercising in order to keep fit. He goes there on Monday morning and Thursday evening. He goes on the bicycle, does running and bodybuilding. He prefers the bike as he find this less boring.